

CERTIFICATE OF PARTICIPATION

This is to certify that

Deborah Househam

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:50:56

PACE 08:31/km

OVERALL 75 of 149

GENDER 21 of 70

50 - 59 3 of 11

23 June 2019, Sun

Date



BoutTime

Signature

